

## Online Training Schedule with Alaska Dance Theatre

\*This schedule will begin on Monday, March 30 for ADT's Online Training Session. Families will receive emails with invite's to join ADT's instructors on Zoom.

<b><i>Ballet and Pointe</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Beginning Children's Ballet		6:00-7:00		4:00-5:00		11:00-12:00
Beginning Children's Ballet (Spring)						1:30-2:30
Children's Ballet 1	5:00-6:00	4:30-5:30				11:00-12:00
Children's Ballet 2	5:00-6:00 M/W	6:00-7:00 T/TH	4:00-5:00 M/W	5:00-6:00 T/TH		
Children's Ballet 3	6:00-7:00 M/W		5:00-6:00 M/W			
Children's Ballet 3/4		7:00-8:00 T/TH		6:00-7:00 T/TH		
Children's Ballet 4		7:00-8:00 T/TH/Sat		6:00-7:00 T/TH/Sat		10:00-11:00
Ballet 5		4:00-5:00	4:00-5:00			10:00-11:00
Ballet 6		4:00-5:00		4:00-5:00		10:00-11:00
Pre-Pro Ballet 1	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00		
Pre-Pro Ballet 2	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00		
Beg Teen Ballet	7:00-8:00					
Teen Ballet 1						12:00-1:00
Beginning Adult Ballet			6:00-7:00			
Adult Ballet 1			6:00-7:00			
Beginning Pointe (Fall and Spring)						11:00-11:30
Pointe 1			5:00-5:30			11:00-11:30
Pointe 2		5:00-5:30		5:00-5:30		
Pointe 3	5:00-5:30	5:00-5:30		5:00-5:30		
Pointe 4/5	5:00-5:30	5:00-5:30	5:00-5:30	5:00-5:30		
<b><i>Jazz/Browaday</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Beginning Children's Jazz/Bway				5:00-6:00		
Children's Jazz/Bway 1/2	4:00-5:00					1:00-2:00
Children's Jazz/Bway 3/4		6:00-7:00	7:00-8:00			
Intermediate Jazz/Bway		7:00-8:00		7:00-8:00		
Pre-Advanced Jazz/Bway		7:00-8:00				
Advanced Jazz		7:00-8:00				
Advanced Bway	6:00-7:00					

<b><i>Contemporary Modern</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Intermediate Modern 1	4:30-5:30					
Intermediate Modern 2				6:00-7:00		
Pre-Advanced Contemporary Modern		6:00-7:00	7:00-8:00			
Advanced Contemporary Modern			7:00-8:00			
<b><i>Dance Acro Skills</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Beginning Dance Acro			6:00-7:00	6:00-7:00		
Intermediate Dance Acro			6:00-7:00	6:00-7:00		
Pre-Adv Dance Acro	7:00-8:00			7:00-8:00		
Adv Dance Acro	7:00-8:00					
<b><i>Hip Hop</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Beg Hip Hop	6:00-7:00					
Hip Hop ½	6:15-7:15					
Pre-Adv Hip Hop	7:00-8:00					
<b><i>Tap</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Beginning Tap						10:00-11:00
Tap 1/2			4:30-5:30			
Intermediate Tap						12:00-1:00
<b><i>Creative Movement and Pre-Ballet</i></b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Creative Movement 3+						10:30-11:00
Creative Movement 3/4		5:30-6:00		4:30-5:00	11:00-11:30	
Creative Movement 4+						10:30-11:00
<b>Pre-Ballet 5+</b>		5:30-6:00			11:00-11:30	11:00-11:30
<b><i>Company Class</i></b>						
Company Class (All Levels)					4:00-5:00 w/ special guest artists	
Company Conditioning (All Levels)						1:00-2:00